

## Newsletter February 2012

January 31, 2012

### Reorganization Update

*Note: The March newsletter will contain specific information regarding the consolidation vote in March, including a copy of the proposal as it will appear on the ballot.*

The consolidation petition for the Abingdon, Avon and Bushnell-Prairie City school districts has been approved by Illinois State Superintendent of Schools Dr. Chris Koch. The petition has been filed with the county clerks for Fulton, Knox, McDonough, and Warren counties for inclusion on the March 20, 2012 election ballot.

The consolidation question is now in the hands of the voters of the three districts. Election procedures dictate that the vote must pass by a simple majority in each of the three districts to take effect. If the vote is in the affirmative in all three districts, then the new Board of Education will be seated soon after the election by Regional Superintendent John Meixner, and the district will open for business on July 1, 2012.

The Committee of Ten has been holding meetings by request to disseminate information regarding the proposed consolida-

tion. If your organization would like to hear more about the proposal, please contact a member of the Committee of Ten to make arrangements.

For more information, please see the Committee of Ten's website at <https://sites.google.com/site/abingdonavonbpc/home>. A large copy of the election map is being passed around the three districts' unit offices, and is currently available in the Avon unit office.

If you have questions or wish to have members of the Committee of Ten speak to your group, you may contact members of the Committee of Ten as noted on the Committee's website. You may also contact the superintendent's of each school district for factual information regarding the proposal or for the individual districts as currently constituted.

Finally, please register to vote and place March 20, 2012 on your calendar. Your input and participation in this process is crucial! Thank you for your comments and input.

#### Inside this issue:

- Reorganization update **1**
- Yearbook Ads—Senior Parents **1**
- Pennies for Patients **2**
- Keeping Kids Active Through Winter **3**
- February FFA Information **4**
- Avon PTA Newsletter **5**
- Calendar and Lunch Menu **7**



### Yearbook Ads—Senior Parents

It is that time of the school year where the yearbook staff is starting to sell senior ads. The prices for the ads are 40 dollars for a quarter page and 20 for the business card. We will be selling senior ads through March 16th. If you are interested in purchasing an ad for your child or have any questions, please contact Mr. Clawson at 309-465-3621 or at [aclawson@avonschools.us](mailto:aclawson@avonschools.us).



### Avon Administration

Mr. Dan Oakley, Superintendent and Elementary Principal

Mrs. Tina Stier, High School Principal

Mr. Mitchell Russell, Athletic Director

### Avon CUSD 176 Board of Education

Mr. Frank Craver, President

Mrs. Diane Thompson, Vice-President

Mrs. Barbara Serven, Secretary

Mr. Brian Friedrich, Financial Secretary

Mrs. Jeanne Serven

Mr. JC Staggs

Mrs. April Tatham

## Pennies for Patients

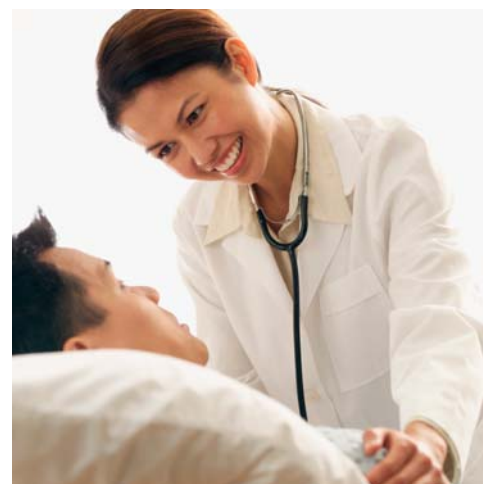
The Avon High School Interact Club is spearheading the Annual Leukemia & Lymphoma Society Pennies for Patients program at the Avon School District. This project raises funds to find cures for leukemia, lymphoma and myeloma research and for patient services. The Program teaches students the value of helping others as they work for a good cause.

The Avon School District Pennies for Patients will run for a three week period from February 6th to February 24th. Elementary classes will be trying to earn a Bronze, Silver or Gold pennant based on how much money they collect.

The high school students will pay a dollar to wear a hat on the Fridays during the three weeks to raise money for the program.

For information on the Pennies for Pa-

tients program, contact Mrs. M&M at 309-465-3851. If you would like to donate, you may send funds to the school with a student or drop them off yourself at the elementary or high school office. Your support of this program will be greatly appreciated.



## Homework Help, Anyone?

Have you ever looked for homework help online and had a hard time finding anything? The Illinois State Board of Education provides a number of links and informational services that can help students (and parents!) to find information both for classwork and to learn more about topics that interest them.

For more information and to explore the possibilities, go to <http://www.isbe.net/homework.htm>.

The State Board of Education also provides a number of other links for parents and students located at <http://www.isbe.net/students3.htm>,

## Keeping Kids Active through the Winter months

Making sure that kids stay active during the cold winter months can be tough, but there are many great ways to ensure that children are still getting the recommended 60 minutes of physical activity a day during the dark and cold winter days. Whether its getting bundled up to take advantage of the winter wonderland or finding new ways to stay active indoors the Iowa Safe Routes to School Resource Center has got you and your kid(s) covered. Check out our lists of fun and physical indoor and outdoor activities to keep kids moving throughout the winter.

### Outdoors

Gloves, hats, scarves, and boots are essential when it comes to enjoying all the activities of winter. Blankets of snow offer up plenty of winter fun for both kids and adults, but don't forget to have the hot chocolate ready for when they head back inside.

- **Sledding:** The real workout comes from trudging back up the hill, but well worth the reward of sliding back down. (100 lbs child burns 160 calories in 30 minutes)
- **Skiing:** Whether cross-country or downhill, skiing offers a full body workout for kids and adults. (160 calories per 30 minutes of activity)
- **Snowshoeing:** An easy way to get out and enjoy hiking and walking trails in the winter, there are many options to purchase youth snowshoes as inexpensively as \$50. (180 calories per 30 minutes)
- **Ice Skating:** Many cities designate certain ponds or lakes for skating, take advantage of these areas, do not skate on any surface you are unsure of or hasn't been checked for safety. (160 calories per 30 minutes)
- **Snow Soccer:** Adapt this favorite warm weather sport for winter. Build snow goals and outline a field in the snow for a game. The games get more challenging the more snow there is. (200 calories per 30 minutes)
- **Building snow forts:** Pile up snow from the driveway and sidewalks and let kids literally dig in to create their own snow cave, they'll be exhausted and ready to curl up inside of it by the time they finish.

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### Indoors

Getting kids off the couch and away from video games during the winter can be tough, but with a little bit of creativity kids can get some physical activity and burn off some energy while staying indoors. Community rec centers also offer many programs specifically for kids during the winter, these are great ways for kids to make new friends and stay active.

- **Mall Walking:** Shopping malls provide a great space to get a little bit more exercise in the winter, spend 30 minutes just walking up and down the main halls, incorporate a game of window "eye spy" to keep kids entertained. (80 calories per 30 minutes)
- **Commercial breaks:** Approximately 9 minutes of every 30 minute program is filled with commercials, have children do jumping jacks, sit ups, running in place, or hula hoop during each break. It's amazing how 90 minutes of watching TV can also be nearly a half hour of exercise. (150 calories per 30 minutes)
- **Dance:** In the living room, in the kitchen, or down the hall, put on some tunes and let kids release their inner dancer. Fun upbeat songs will keep them grooving for even longer.(180 calories per 30 minutes)
- **Swimming:** Head to the local indoor pool for an afternoon or evening of fun. Turning play into exercise is the easiest way for kids to reach the recommended 60 minutes a day. Water volleyball or basketball are great pool games for kids. (140 calories per 30 minutes)
- **Wii Sports/X-Box Kinect:** When you can't beat them join them, if the allure of video games is too much try out either of these new technological exercise options. Both systems get kids off the couch and moving around with special controllers as they play a variety of games from tennis to bowling to fencing. (70 calories per 30 minutes)

The best way to keep kids active and instill behaviors that will last a lifetime is to set a good example yourself, sticking to your own weekly exercise regimen will show your children that a healthy lifestyle is something you believe in. Through encouragement, education, and a little ingenuity parents and kids can help each other stay fit, happy, and healthy even during cold Iowa winters.

Calorie data from [everdayhealth.com](http://www.everdayhealth.com)

Article from <http://www.iowasaferoutes.org/node/42>

# FFA Week at Avon!

**Tuesday 2/21:** Teacher Appreciation Breakfast 7:00 - 8:00 am  
Greenhand Day and Ag Hat/Cowboy Hat Day  
Lunch Game – Egg Toss  
Elementary Coloring Contest Begins  
Kiss-A-Pig Contest Begins  
Section 4 Ag Olympics @ West Central

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**Wednesday 2/22:** Cowboy Day/Drive Your Tractor to School  
Lunch Game – Peddle Tractor Pull  
Section 4 Public Speaking CDE @ ROWVA

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**Thursday 2/23:** Camo Day  
Lunch Game: Cow Pie Eating  
Elementary Coloring Contest Winners Announced!

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**Friday 2/24:** National Blue & Corn Gold Day  
Barnyard Zoo  
FFA Member Pizza Party @ Lunch  
Kiss-A-Pig Contest Finale at 2:45 pm

## Looking ahead to March.....



**Wednesday, March 7<sup>th</sup>**  
Celebrity Donkey Basketball sponsored  
by the  
Avon FFA Chapter

Tickets can be purchased in advance or at the door. We will begin serving the meal at 5:30 pm in All-Purpose Room and game begins at 7:00 pm!!!



# AVON PTA

February 2012

Volume 1, Issue 4

## Super "U" Challenge is coming...

The Avon PTA will be sponsoring the **Super "U" Challenge** February 27, 2012 at 9:30 am in the All Purpose room.

The **Super "U" Challenge** is an action-packed show that promotes a bully free school environment by encouraging students to build positive character traits and re-

member to pass on respect to fellow students.

The **Super "U" Challenge** is patterned after favorite game show such as Minute to Win it, Brain Surge, and Nickelodeon's classic Double Dare. Contestants from the audience are invited to take part in imaginative, funny, and

wacky challenges that involve oversized props, creative costumes and yes...even some **SLIME!**

Each exciting challenge is based around a specific message about positive character traits that reinforces what students hear in school.

### IMPORTANT DATES:

- **APRIL 20th**—**GRANDPARENTS DAY** at 1:00 pm in AP Room
- **MAY 4th** — **SPRING FLING** at 6-7:30pm in AP Room
- **MAY 18th**— **FIELD DAY** at 8:30am

## Help our school through BOX TOPS!



**Box Tops for Education** has helped America's schools earn over \$400 million since 1996. You can earn cash for your child's school by clipping **Box Tops** coupons from hundreds of participating products. **Box Tops** also offers easy ways to earn even more cash for your school online.

**Join box tops online – it's easy & free!**

[earn more for your school](#)

- Earn eBoxTops™ for your school when you shop online
- Enter for chances to win thousands of Bonus Box Tops for your school each month
- Enjoy recipes using Box Tops products
- Save with monthly coupons for your favorite brands

[track your school's earnings](#)

- See how close your school is to reaching its goal with regular earnings updates. Compare your progress to other schools in your area and across the nation. It's a great way to stay informed—and motivated!

**Our earnings last year - \$757**  
**Lets double this amount this year!!**



## STAR STUDENTS OF THE MONTH



PreK– Carley Powell, K– Morgan Hendel, 1st  
– Perry Serven, 2nd–Hallie Eddington (not Pictured), and  
3rd–Kade Dunlap.



4th–Lacey Folger, and  
5th– Sydney Scott



### Important upcoming dates:

**April 20th, 2012 - GRANDPARENTS DAY @ 1:00pm  
in All Purpose Room**

**May 4th, 2012 - SPRING FLING @ 6:00-7:30pm  
in All Purpose Room**

**May 18, 2012 - FIELD DAY Start @ 8:30am**



Keep up with the PTA on Facebook!

Check us out at:

**AVON ELEMENTARY PTA**

**Breakfast****Lunch***Wednesday, February 1*Cereal  
Toast  
JuiceTortellini  
Green Beans  
Pears  
Garlic Toast*Thursday, February 2*Scrambled Eggs  
Hash Browns  
Toast  
PeachesChicken Nuggets  
Mashed Potatoes/Gravy  
Spinach  
Mandarin Oranges*Friday, February 3*Cereal  
Donut  
JuicePizza  
Lettuce  
Pineapple*Monday, February 6*Egg, Ham, Cheese  
Mandarin OrangesTomato Soup  
Grilled Cheese  
Crackers  
Apple/Goldfish*Tuesday, February 7*Cereal  
Cinnamon Toast  
JuiceChicken & Noodles  
Cinnamon Roll  
Green Beans  
Peaches*Wednesday, February 8*Pigs in a Blanket  
Syrup  
ApplesauceHamburger/Bun  
Cheese Slices  
Pickles  
Curly Fries  
Mixed Fruit*Thursday, February 9*Cereal  
Granola Bar  
JuiceNacho Supreme  
& Toppings  
Lettuce/Tomato  
Corn  
Fruit Snack*Friday, February 10*Cereal  
Poptart  
Juice

11:30a Dismissal

*Monday, February 13*Cereal  
Juice  
DonutChicken Wraps  
Toppings  
Potatoes  
Mandarin Oranges*Tuesday, February 14*Pancake/Sausage on Stick  
ApplesauceRavioli  
Beets  
White Cake & Cherries  
Bread & Butter*Wednesday, February 15*Cereal  
Toast/Jelly  
JuiceBreaded Chicken Patty/Bun  
Pasta Salad  
Raw Veggies/Dip  
Applecrisp**Breakfast****Lunch***Thursday, February 16*Sausage Gravy/Biscuits  
Pears

Cooks Choice

*Friday, February 17*Cereal  
Toast  
JuicePizza  
Lettuce  
Pineapple*Monday, February 20*Waffles/Syrup  
Sausage Links  
PearsTacos/Toppings  
Corn  
Lettuce/Tomatoes  
Hot Cinnamon Apples*Tuesday, February 21*Cereal  
Juice  
YogurtTurkey  
Stuffing  
Mashed Potatoes/Gravy  
Peas  
Jello*Wednesday, February 22*Egg, Cheese Omelet  
Hash Browns  
ApplesauceHot Dog/Bun  
Sauerkraut  
Nacho Chips & Cheese  
Mandarin Oranges*Thursday, February 23*Cereal  
Juice  
RollPK-5 Fish Sandwich  
6-12 Baked Potato  
w/Assorted Toppings  
Broccoli/Apricots  
Rice Krispie Treat*Friday, February 24*Breakfast Pizza  
PineappleBeef & Noodles  
Green Beans  
Peaches*Monday, February 27*Cereal  
Toast  
JuiceDeli Ham Sandwich  
Cheese Slices  
Baked Beans  
Pears  
Potato*Tuesday, February 28*Pancakes/ Syrup  
Ham  
ApplesauceSoup, Salad & Breadsticks  
Banana  
Chocolate Cake*Wednesday, February 29*Cereal  
Juice  
Toast/CinnamonFiesta Goulash  
Corn Bread  
Mandarin Oranges  
Corn*All meals served with 8oz. milk and bread & margarine*

Avon Community Unit School District 176

# February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6-8p 8 <sup>th</sup> Grade Orientation 6-7p Sophomore Supper 7-8p Financial Aid Night	2 4:30p JVB @ Avon 6p HBB @ Lewistown 6p HGB @ Bushnell	3 6p HBB @ Bushnell	4 TBA JVB Trny @ S. Eastern
5	6 5:30p JVB @ Colchester 6:30p HBB @ Bushnell	7 6p HBB @ Elmwood 6p JVB @ Avon 6:30p PTA Meeting	8 PLAN Test-Sophomore 6:30p Board Meeting	9 5:15p JVB @ Havana 6:30p HBB @ Bushnell	10 Mid-term 9:35-11:30a High School Registration <i>11:30a Dismissal</i>	11 TBA HBB Trny @ Macomb 8a JVB @ SIMS Rushville
12	13 7p High School Band Concert	14 6p HBB @ N. Fulton 6p JVB @ Avon	15	16 4p JH Scholastic Bowl @ Canton Ingersoll	17 6:30p HBB @ Bushnell	18 TBA HBB Trny @ Macomb 8a JVB @ SIMS Rushville
19	20	21 FFA Sect. 4 Ag Olympics @ W. Central 4p JH Scholastic Bowl @ Avon 6p JVB @ Avon	22 FFA Sect. 4 Public Speaking @ ROWVA	23 4p JH Scholastic Bowl @ Macomb 5:30p JVB @ Avon	24	25
← FFA Week →						
26	27 Super U Challenge – Elementary Assembly	28	29 EXPLORE Test – 8 <sup>th</sup> Graders 5:30p Family Reading Night			

[www.highschoolsports.net](http://www.highschoolsports.net)  
[www.avonschools.us](http://www.avonschools.us)

*Calendar is subject to change*

HBB – High School Boys Basketball  
HGB – High School Girls Basketball  
JH – Junior High  
JVB – Junior High Girls Volleyball